# InBody270

Great precision for flexible solution



### Modern

Ergonomic design for efficient workflow

### Reliable

Proven and reliable performance

### **Standard**

The archetype of body composition test







# Timeless Style, Yet Significant Feature Changes

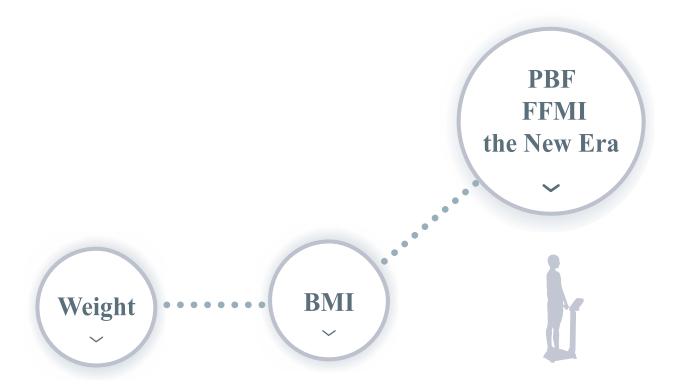
The all new InBody270 is now more elegant and premium than ever before. Its silhouette, combined with clean lines and high-class design elements provides a truly impressive appearance.

## The Evolution of Health Indicator

### Paradigm shift of your health indicator

While simple and inexpensive, BMI often faced vigorous debate regarding health evaluation.

Medical professionals recognized that it is not enough to evaluate health by only considering weight and height. Therefore, people start to think inside of the body - Body Composition. Based on that, the concept of FFMI which means how much fat free mass you have inside of your body emerged and it is now considered as a new standard of health evaluation.



After using weight scale to measure human body, people started to think of weight and health together. BMI was the indicator of whether you are underweight, normal or overweigh by only using height and weight.

$$BMI = \frac{\text{weight (kg)}}{\text{height}^2 (m^2)}$$

### **PBF(Percent Body Fat)**

Percent Body Fat (PBF) is the percentage of body fat compared to body weight. Actual obese status can be known through PBF.

# FFMI (Fat Free Mass Index)

Fat Free Mass Index (FFMI) is calculated by dividing Fat Free Mass by height squared. This index can be used for monitoring FFM.

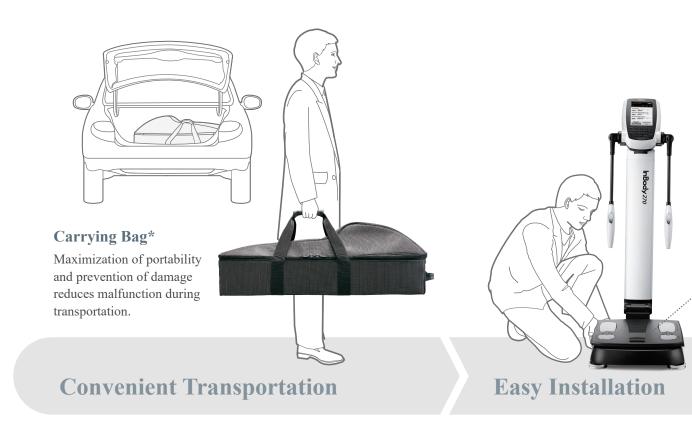
# **InBody Applications**

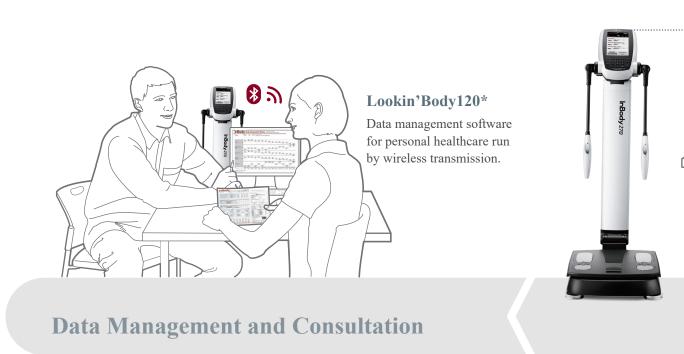
InBody Test results can be used as an indicator for proper prescription by monitoring your health status in many areas such as obesity, nutrition, rehabilitation etc.

Providing a smart healthcare service with high technology and helping everyone live a healthier life, that's the great mission of InBody.



# InBody270 Smart Usage Flow





<sup>\*</sup> Carrying Bag, Thermal Printer and Lookin' Body120 are optional items.



### **Barcode Reader**

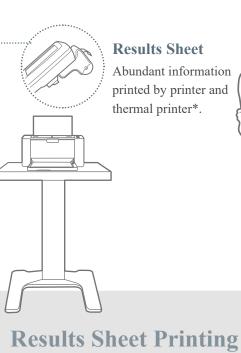
Quick member registration and ID number input available with barcode reader.

### **Foldable Structure**

Foldable structure for easy installation and safe relocation.



# **Personal Data Input**



### **Results Sheet**

Abundant information printed by printer and thermal printer\*.



### User-friendly Interface .....

Easy operation through both touch screen and keypad.





Step-by-step posture guide for complete measurement.





# **InBody Results Sheet**

Parameters on the right part of results sheet can be displayed as optional, depending on the customers' needs.

You can select and print Nutrition Evaluation, Body Balance Evaluation, Waist Circumference and Blood Pressure data in addition to items displayed in the results sheet.

### Body Composition Analysis

Body weight is the sum of Total Body Water, Protein, Minerals, and Body Fat Mass.

Maintain a balanced body composition to stay healthy.

### 2 Muscle-Fat Analysis -----

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass.

The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

### 3 Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

### 4 Segmental Lean Analysis -----

Shows how well developed your muscle is for each part of the body. See where you should work on more.

### **5** Segmental Fat Analysis

You can check and manage fat mass on each segmental part of the body. Monitor Percent Body Fat of each part and try to keep them in 'Normal' range.

### 6 Body Composition History -----

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

# InBody

ID	Height	Age	Gender	Test
Jane Doe	156.9cm	51	Female	20

### Body Composition Analysis

Sum of the above	Weight	(kg)	59.1
For storing excess energy	Body Fat Mass	(kg)	22.8
For strengthening bones	Minerals	(kg)	2.64
For building muscles	Protein	(kg)	7.2
Total amount of water in body	Total Body Water	(L)	26.5

### Muscle-Fat Analysis

		Uı	nder	N	lorma	ı			Ov	e
Weight	(kg)	55	70	85	100	115 = 59	.1	145	160	
SMM Skeletal Muscle Mass	(kg)	70	80	90 1	$9.6^{100}$	110	120	130	140	
Body Fat Mass	(kg)	40	60	80	100	160	220	22.8	340	

### **3** Obesity Analysis

		U	nder	<b>I</b>	lorma	al			Ov	۷e
BMI Body Mass Index (	kg/m²)	10.0	15.0	18.5	21.0	<sup>25.0</sup> 24	30.0	35.0	40.0	
PBF Percent Body Fat	(%)	8.0	13.0	18.0	23.0	28.0	33.0	38.0	8.6	

Se	gmental	Lean A	<b>Analysis</b>	•	5	Segmen	tal	Fat A
	1.71 kg		1.71 kg			1.7 kg	3	
	86.6 %		86.8 %			193.3	%	
	Normal -	16.7 kg 93.6 %				Over		11.5 k
eft	_			Right		eff		
		Normal		) T		_		Over
	5.48 kg		5.40 kg			3.5 kg	3	
	87.9%		86.6 %			156.1	%	
	Under		Under			Norma	1	

### **6** Body Composition History

Weight	65.3	63.9	62.4	61.8	62.3	60.9
SMM Skeletal Muscle Mass	20.1	20.0	19.7	19.7	19.8	19.7
PBF Percent Body Fat	41.3	40.7	39.2	39.0	39.4	38.6
▼ Recent □ Total	17.10.10 09:15	17.10.30 09:40	17.11.02 09:35	17.12.15 11:01	18.01.12 08:33	18.02.10 15:50

[InBody270]

Date & Time 8.04.03.09:46

 $(26.4 \sim 32.2)$ 

 $(7.0 \sim 8.6)$ 

 $(2.44 \sim 2.98)$ 

 $(10.3 \sim 16.5)$ 

 $(43.9 \sim 59.5)$ 

190 205

160

460

53.0 58.0

nalysis

1.7 kg

192.0 %

Right

Over

3.4 kg 155.4 %

Normal

5.0 50.0 55.0

170

520

Fat Mass

# InBody

www.inbody.com



### $66/100\,\mathrm{Points}$

Total score that reflects the evaluation of body composition. A muscular person may score over

### Weight Control

Target Weight 51.7 kgWeight Control - 7.4 kg Fat Control - 10.9 kg Muscle Control +3.5 kg

### Obesity Evaluation

□ Slighty □ Over BMI M Normal □ Under □ Over □ Normal □ Slighty **M** Over

### Waist-Hip Ratio

0.91

0.75 0.85 10

High

### 11 Visceral Fat Level

11

### 12 Reasearch Parameters

Fat Free Mass 36.3 kg Basal Metabolic Rate 1154 kcal (1255~1451) Obesity Degree 114% (  $90\sim110$  ) 5.8 kg/m<sup>2</sup> Recommended calorie intake per day 1397 kcal

### Calorie Expenditure of Exercise

Golf	104	Gateball	112
Walking	118	Yoga	118
Badminton	134	Table Tennis	134
Tennis	177	Bicycling	177
Boxing	177	Racketball	177
Mountain Climbing	193	Jumping Rope	207
Aerobics	207	Jogging	207
Soccer	207	Swimming	207
Japanese Fencing	296	Racketball	296
Squash	296	Taekwondo	296
*Based on your curre	•		
*Based on 30 minute	duratio	n	

### 13 Impedance

TR RA LA RI. LL.  $\mathbf{Z}(\Omega) 20 \, \mathrm{kHz}$ 443.8 444.0 29.0 340.7 330.6 100 kHz 407.3 408.8 26.6 299.5 289.8

60.5 19.6 37.8 38.6 18.03.15 18.04.03 08:35 09:46

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### 7 InBody Score

This score shows the evaluation of your body composition, which includes muscle, fat, and water in the body.

### **8** Weight Control

See how your body measures up to the recommended Weight, Muscle Mass, and Body Fat Mass for a good balance. The '+' means to gain and the '-' means to lose.

### **9** Obesity Evaluation

Evaluates obesity based on BMI and Percent Body Fat.

### Waist-Hip Ratio (WHR)

Waist-Hip Ratio is the ratio of waist circumference to hip circumference.

### **11** Visceral Fat Level

Visceral Fat Level is an indicator based on the estimated amount of fat surrounding internal organs in the abdomen.

### 12 Research Parameters

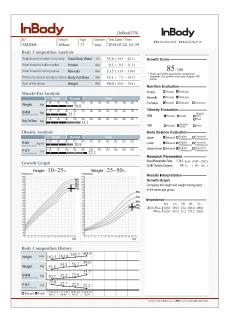
Various nutritional outputs are provided such as Fat Free Mass, Basal Metabolic Rate, Obesity Degree, Recommended calorie intake per day and more. To see a complete list, please scan the results interpretation QR code.

### **13** Impedance

Impedance is the resistance value measured when electrical currents are applied throughout the body. Based on the measured data, key body composition outputs can be analyzed. Impedance is also used for many research purposes.

### The InBody Results Sheet for Children

Specially designed results sheet with Growth Graph is available for Children.



### **Thermal Results Sheet**

You can select and print Total Body Water, Protein, Mineral and Waist Circumference data in addition to items displayed in the thermal results sheet.

<b>InBody</b> 04/03/2018 09:46
ID : Jane Doe Height : 156.9cm
Weight 59.1 kg
Muscle Mass 19.6 kg Mass of muscle attached to your bones. (Skeletal Muscle Mass)
Body Fat Mass 22.8 kg
Percent Body Fat 38.6 % Reference Range : Male adult 10~20% Female adult 18~28%
BMI 24.0 kg/m² Reference Range: Adult 18.5~25.0 kg/m²
Basal Metabolic Rate 1154 kcal Minimum number of calories needed to sustain life at a resting state.
Waist Hip Ratio 0.91 Reference Range : Male adult 0.80~0.90 Female adult 0.75~0.85
Visceral Fat Level 11 Reference Range :1~9
1.71 kg 86.6 % 86.8 %  Normal 16.7 kg 93.6 %  Normal 5.48 kg 87.9 %  Under  1.71 kg 86.8 %  Normal 5.40 kg 86.6 %  Under
Segmental Fat Analysis  1.7 kg 193.3 % 192.0 %
Over 11.9 kg Over 239.8 % Over 3.5 kg Normal * Segmental fat is estimated.
InBody Score 66 point
Fat Control - 10.9 kg
Muscle Control + 3.5 kg  443.8 444.0 29.0 340.7 330.6 407.3 408.8 26.6 299.5 289.8  InBody
TEL:02-501-3939 FAX:02-501-3978

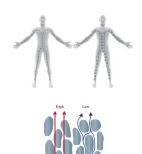
# **InBody Technology**

The InBody has revolutionized the field of BIA (Bioelectrical Impedance Analysis) and is currently the most advanced product in the market. With a 98% correlation with gold standard body composition methods such as DEXA, the InBody is trusted by top hospitals, gyms, and professional sports teams because of its precision. The InBody is fast, accurate, and non-invasive.



# DIRECT SEGMENTAL MEASUREMENT

Because the trunk contains the majority of lean body mass, an independent trunk measurement is required for an accurate measurement of muscle mass. InBody measures the impedance for each segment of the body directly.



### SIMULTANEOUS MULTI-FREQUENCY (SMF-BIA)

Utilizing InBody's latest advancement in BIA, the patented SMF-BIA, InBody accurately measures ICW and ECW at the same time, reducing variances in your results from the water flow for a faster snapshot of your body composition.



# 8-POINT TACTILE ELECTRODE

8-point tactile electrodes with thumb technology contributes to the high reproducibility of InBody results.





# NO USE OF EMPIRICAL ESTIMATIONS

The InBody only uses impedance directly acquired from each subject allowing the InBody to always produce correct results without use of empirical estimations, such as gender and age.

# **Cross-Reference**



# \*Body:

InBody270

Inbouy270
20, 100kHz
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### **Key Specifications**

Bioelectrical	Bioelectrical	10 Impedance Measurements by Using 2 Different
Impedance Analysis (BIA)	Impedance (Z)	Frequencies at Each of 5 Segments (Right Arm,
Measurement Items		Left Arm, Trunk, Right Leg, and Left Leg)
Electrode Method	Tetrapolar 8-Po	oint Tactile Electrodes
Measurement Method	Analysis Metho	tal Multi-frequency Bioelectrical Impedance od (DSM-BIA), Multi-frequency Impedance Measurement
Body Composition Calculation Method	No Empirical I	Estimation

### **Feature Specifications**

Optional Equipment	Stadiometer from InBody, Blood pressure monitor from InBody,
1 1 1	Thermal printer, SD400
Laga	Name, Address and Contact information can be shown on the
Logo	InBody Results Sheet.
Displaying Method	LCD Monitor, Data management software Lookin' Body
T C 1, 1	InBody Test results sheet, InBody Test results sheet for children,
Type of results sheet	Thermal results sheet
Voice Guidance	Audible indication for test in progress, test complete, and
voice Guidance	successfully saved settings changes
D-4-1	Test results can be saved if the member ID is utilized. Up to
Database	100,000 results can be saved.
Test Mode	Self Mode, Professional Mode
Administrator Menu	Setup: Configure settings and manage data
Administrator ivicitu	Troubleshooting: Additional information to help use the InBody
USB Thumb drive	Copy, backup, or restore the InBody test data (data can be viewed
OSB Thumb drive	on Excel or Lookin' Body data management software)
Barcode Reader	The member ID will be automatically inputted when the barcode
Darcouc Reader	ID is scanned.
Daglaum data	Backup data saved in the InBody by using a USB Thumb Drive,
Backup data	Restore results on the InBody from a backup file.

### **Other Specifications**

Adapter  Manufacturer  Model Power Input Power Output Display Type Internal Interface  External Interface  Manufacturer Model Power Corp. BPM040S12F07 AC 100 ~240V, 50/60Hz, 1.2A DC 12V, 3.4A DC 12V, 3.4A  Four Input Four
Adapter  Power Input Power Output Power Output DC 12V, 3.4A  Display Type Internal Interface External Interface  Power Input Power Output DC 12V, 3.4A  Four Input Power Output DC 12V, 3.4A  Four Input Power Inp
Power Input Power Input Power Output Power Output DC 12V, 3.4A  Display Type 600 x 1024 7inch Color TFT LCD  Internal Interface Touchscreen, Keypad  External Interface RS-232C 1EA, USB HOST 2EA, USB SLAVE 1EA, LAN (10T) 1EA, Bluetooth 1EA, Wi-Fi 1EA
Display Type  Internal Interface  External Interface  600 x 1024 7inch Color TFT LCD  Touchscreen, Keypad  RS-232C 1EA, USB HOST 2EA, USB SLAVE 1EA, LAN (10T)  1EA, Bluetooth 1EA, Wi-Fi 1EA
Internal Interface External Interface  Touchscreen, Keypad RS-232C 1EA, USB HOST 2EA, USB SLAVE 1EA, LAN (10T) 1EA, Bluetooth 1EA, Wi-Fi 1EA
External Interface RS-232C 1EA, USB HOST 2EA, USB SLAVE 1EA, LAN (10T) 1EA, Bluetooth 1EA, Wi-Fi 1EA
External Interface 1EA, Bluetooth 1EA, Wi-Fi 1EA
1EA, Bluetooth 1EA, Wi-Fi 1EA
I /I 1 ' 4 D ' 4
Laser/Inkjet Printers recommended by InBody
Compatible Printer * A list of printers compatible with the InBody can be found at
http://www.inbodyservice.com
Dimension $356 \text{ (W)} \times 796 \text{ (L)} \times 995 \text{ (H)}: \text{mm}$
$14.0 \text{ (W)} \times 31.3 \text{ (L)} \times 39.2 \text{ (H)} : \text{inch}$
Equipment Weight 14kg (30.9lbs)
Testing Time About 15 seconds
Operation Environment $10 \sim 40 ^{\circ}\text{C} (50 \sim 104 ^{\circ}\text{F}), 30 \sim 75 ^{\circ}\text{KH}, 70 \sim 106 ^{\circ}\text{kPa}$
-10 ~ 70°C (14 ~ 158°F), 10 ~ 80% RH, 50 ~ 106kPa (No
Storage Environment Condensation)
Testing Weight Range $10 \sim 250 \text{kg} (22.0 \sim 551.2 \text{lbs})$
Testing Age Range 3 ~ 99 years
Height Range 95 ~ 220cm (3ft. 1.4in. ~ 7ft. 2.61in.)

<sup>\*</sup> Specifications may change without prior notice.

# InBody

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InBody is a total healthcare device manufacturer that has acquired over 80 patent rights across the globe.















